













THIS WEEK'S Eats.

WEEK 1 MENU

W/C: 25/04, 16/05, 06/06, 27/06, 18/07, 08/08, 29/08, 19/09, 10/10

AVAILABLE Daily

	COUNTER One	COUNTER Two	Sides	Jackets	Pizza and Pasta	Subs and Paninis	Desserts
MON	Sweet and Sour Chicken (H) with Wholegrain Rice and Sweet Chilli Broccoli  Or Vegan Chow Mein   with Sweet Chilli Broccoli	Beef Lasagne (H) with Garlic and Herb Bread and Peas	Mixed Salad Sweetcorn	Baked beans   Cheese  Tuna Mayo Bolognese Salmon Mayo	Beef Bolognese Pasta  Herby Tomato Pasta  Bacon Pizza Margherita Pizza 	Chicken Teriyaki Sub Cheese and Tomato Sauce Panini 	Lemon Drizzle Cake
TUE	Beef Burger (H) Or Feta and Beetroot Burger   With Baked Garlic and Herb Potato Wedges	Spicy Chicken Pitta (H) with Chilli Sauce, Tomato Rice	Corn on the Cob Chop Chop Salad Crunchy Raw Slaw	Baked beans   Cheese  Tuna Mayo	Chicken Sizzler Pizza Herby Tomato Pasta  Italian Chicken Pasta Margherita Pizza 	Chicken Tikka Sub Cheese and Tomato Sauce Panini 	Vanilla and Blueberry Blondie with Ice Cream 
WED	Roast Turkey (H) or Vegetable Pastry Slice  with Roast Potatoes, Carrots, Cabbage and Gravy	Chipotle Chicken Burrito (H) with Sweetcorn 	Mixed Salad Coleslaw	Baked beans   Cheese  Tuna Mayo Bolognese	BBQ Chicken Pasta Herby Tomato Pasta  Hawaiian Pizza Margherita Pizza 	Ham and Chicken Melt Sub Cheese and Tomato Sauce Panini 	Apple and Cinnamon Strudel with Custard 
THUR	Chicken Tikka Masala (H) or Yellow Vegetable Curry    with Wholegrain Rice and Peas	Sweet Chilli Chicken Noodles (H) with Stir Fried Veg and Green Beans	Cucumber Raita Chapatti Chop Chop Salad	Baked beans   Cheese  Tuna Mayo	Carbonara Pasta Herby Tomato Pasta  Bacon Pizza Margherita Pizza 	Chicken Teriyaki Sub Cheese and Tomato Sauce Panini 	Banana and Berry Cobbler with Custard  
FRI	Battered Fish Or Jumbo Fish Fingers  Or New Yorker Quorn Hotdog with Chips, Peas and Baked Beans with Chips	BBQ Chicken Mac N' Cheese (H) with Broccoli	Dirty Fries with Coleslaw Mixed Salad	Baked beans   Cheese  Tuna Mayo	Herby Tomato Pasta  Margherita Pizza  Veggie Hot Pizza 	Vegan Veggie Ball Marinara Sub 	Chocolate Slice with Vanilla Ice Cream

(H) Halal Option Available



Vegetarian



Oily fish



Wholegrain



Fruity!



Nutritionist's choice



THIS WEEK'S Eats.

WEEK 2
MENU

W/C: 02/05, 23/05, 13/06, 04/07, 25/07, 15/08, 05/09,
26/09, 17/10.

AVAILABLE
Daily

	COUNTER One	COUNTER Two	Sides	Jacket Potatoes	Pizza and Pasta	Subs and Paninis	Dessert
MON	Topped Mac N Cheese Cajun pulled Pork Or Crispy Cauliflower with Sweetcorn	Chipotle Chicken Soft (H) Taco with Mexican Yellow Rice and Sweetcorn	Cheesy Tortilla Bites Chop Chop Salad Chilli & Coriander Corn on the Cob	Baked beans Cheese Tuna Mayo Salmon Mayo	Italian Chicken Pasta Herby Tomato Pasta Hawaiian Pizza Margherita Pizza	Chicken Teriyaki Sub Cheese and Tomato Sauce Panini	Peach Shortcake Crumble With Custard
TUE	Beef Lasagne (H) Or Vegetable Lasagne Served with Garlic & Herb Bread	Sweet Chilli Chicken Noodles (H) with Stir Fry Veg	Broccoli Peas Mixed Salad	Baked beans Cheese Tuna Mayo Bolognese	Beef Bolognese Pasta Herby Tomato Pasta Bacon Pizza Margherita Pizza	Chicken Tikka Sub Cheese and Tomato Sauce Panini	Lemon Drizzle Cake
WED	Roast Pork with Stuffing & Apple Carrots , Cabbage and Gravy Or Sweet Potato & Chickpea Roast Or Lemon Roast Chicken Breast (H)	Beef Burger (H) with Garlic and Herb Potato Wedges	Roast Potatoes Coleslaw Chop Chop Sald	Baked beans Cheese Tuna Mayo	BBQ Chicken Pasta Herby Tomato Pasta Cajun Chicken Sizzler pizza Margherita Pizza	Ham and Chicken Melt Sub Cheese and Tomato Sauce Panini	Apple & Blackberry Pie With Custard
THUR	Chicken Pitta (H) with Choice of Sauces Or Cauliflower Cheese	Chicken Korma (H) with Wholegrain Rice Pea and Sweetcorn	Chapatti Cucumber Raita Mixed Salad	Baked beans Cheese Tuna Mayo	Italian Chicken Pasta Herby Tomato Pasta Margherita Pizza Bacon Pizza	Chicken Teriyaki Sub Cheese and Tomato Sauce Panini	Secret Brownie with Raspberry Ice Cream
FRI	Battered Fish or Jumbo Fish Fingers Or Vegan Sausage Roll with Chips, Peas and Baked Beans	Chicken Burrito (H)	Corn on the Cob Mixed Salad	Baked beans Cheese Tuna Mayo	Herby Tomato Pasta Veggie Hot One Pizza Margherita Pizza	Vegan Veggie Ball Marinara Sub	Carrot & Banana Slice with Vanilla Ice Cream

(H) Halal Option Available



Vegetarian



Oily fish



Wholegrain



Fruity!



Nutritionist's choice



THIS WEEK'S Eats.

COUNTER One

COUNTER Two

WEEK 3 MENU

w/C: 09/05, 30/05, 20/06, 11/07, 01/08, 22/08, 12/09, 03/10, 24/10

AVAILABLE Daily

	COUNTER One	COUNTER Two	Sides	Jacket Potatoes	Pizza and Pasta	Subs and Paninis	Desserts
MON	<p>Pulled Beef Burrito (H)</p> <p>Or</p> <p>Veggie Burrito with Sweetcorn </p>	<p>Topped Mac N' Cheese With BBQ Chicken</p> <p>Or</p> <p>Crispy Cauliflower with Sweetcorn </p>	<p>Cheesy Tortilla Bites</p> <p>Coleslaw</p> <p>Mixed Salad</p>	<p>Baked beans </p> <p>Cheese </p> <p>Tuna Mayo </p> <p>Salmon Mayo</p>	<p>Beef Bolognese Pasta </p> <p>Herby Tomato Pasta</p> <p>Chicken Sizzler </p> <p>Margherita Pizza </p>	<p>Chicken Teriyaki Sub</p> <p>Cheese and Tomato Sauce Panini </p>	<p>Apple Cracknell served with Custard </p>
TUE	<p>Cajun Chicken Sandwich (H) with a choice of Sauces</p> <p>Or</p> <p>Incredible Burger with Chipotle wedges ,Corn slaw & Peas</p>	<p>Chicken Chow Mein (H) with Stir Fried Veg </p>	<p>Chop Chop Salad</p> <p>Corn on the Cob</p>	<p>Baked beans </p> <p>Cheese </p> <p>Tuna Mayo </p>	<p>Italian Chicken Pasta</p> <p>Herby Tomato Pasta </p> <p>Bacon Pizza</p> <p>Margherita Pizza </p>	<p>Chicken Tikka Sub</p> <p>Cheese and Tomato Sauce Panini </p>	<p>Raspberry Yoghurt Cake with Vanilla Ice Cream</p>
WED	<p>Roast Glazed Ham</p> <p>Or</p> <p>Cheesy Veg Pie </p> <p>Served with Carrots , Cabbage and Gravy</p> <p>Or</p> <p>Lemon Roast Chicken Breast (H)</p>	<p>New York Quorn Dog with Paprika Wedges and Apple Slaw </p>	<p>Mixed Salad</p> <p>Peas</p>	<p>Baked beans </p> <p>Cheese </p> <p>Tuna Mayo </p>	<p>BBQ Chicken Pasta</p> <p>Herby Tomato Pasta </p> <p>Hawaiian Pizza</p> <p>Margherita Pizza </p>	<p>Ham and Chicken Melt Sub</p> <p>Cheese and Tomato Sauce Panini </p>	<p>Banana and Marble Cake with Custard </p>
THUR	<p>Thai Red Chicken Curry (H)</p> <p>Or</p> <p>Vegan Thai Red Vegetable Curry and Wholemeal Rice with Lime Spiced Sweetcorn </p>	<p>Mexican Beef Chili (H) with Wholegrain rice </p>	<p>Green Beans</p> <p>Cheesy Tortilla Bites</p> <p>Chapatti</p> <p>Chop Chop Salad</p>	<p>Baked beans </p> <p>Cheese </p> <p>Tuna Mayo</p> <p>Bolognese</p>	<p>Beef Bolognese Pasta </p> <p>Herby Tomato Pasta </p> <p>Bacon Pizza</p> <p>Margherita Pizza </p>	<p>Chicken Teriyaki Sub</p> <p>Cheese and Tomato Sauce Panini </p>	<p>Peach Slice with Vanilla Ice Cream </p>
FRI	<p>Battered Fish,</p> <p>Or</p> <p>Jumbo Fish Fingers</p> <p>Or</p> <p>New Yorker Quorn Hotdog with Chips, Peas and Baked Beans </p>	<p>Mexican Chicken Quesadilla (H) with Lime and Coriander Rice and coleslaw</p>	<p>Dirty Fries with Coleslaw</p> <p>Mixed Salad</p>	<p>Baked beans </p> <p>Cheese </p> <p>Tuna Mayo</p>	<p>Herby Tomato Pasta </p> <p>Margherita Pizza </p> <p>Veggie Hot One Pizza " </p>	<p>Vegan Vege Ball </p> <p>Marinara Sub</p>	<p>Banoffee Pie</p>

(H) Halal Option Available

Vegetarian

Oily fish

Wholegrain

Fruity!

Nutritionist's choice

